



Spectrum Society

FEBRUARY 2012

ANNUAL ASSESSMENT RAFFLE WINNER!

Devon Pollard, a resident in Spectrum since November 2007, was the winner of the of the most recent assessment raffle. Devon stated "this is the greatest HOA I've ever lived in" and that "you have no idea how much this means to me."

Ekmark & Ekmark and Wespac Construction generously donated \$366 each to make this possible. Spectrum has enjoyed the partnership with both businesses and are thankful for their contribution.



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BREAKING GROUND



FINALLY! The permits have been pulled and the fence is up! We have officially started building the Spectrum at Val Vista Community Center. As of now, we are still scheduled to open in August.

During the construction phase the parking lot at the main park may become congested at times. Please keep your children off any equipment to prevent injury or damage.

RESOLUTION CHECK IN

We've made it through the first month of 2012! Have you been diligent about maintaining your resolution(s)? If you've started to fizzle out, it's ok, you can recommit! Life can "get in the way" but it's up to you to "make it fit"! Here is some information and ideas that may spark some interest in achieving what you set out to do on January 1.

**MAKE 2012
YOUR YEAR**



EIGHT CUPS OF WATER A DAY

Increase metabolism (cold water)	Fill you up (hot water)	Aid in weight loss
Reduce risks of certain cancers	Get you healthier skin	Flush out toxins
Help digestion and constipation	Relieve fatigue	Improve overall health

Community Office

3303 S. Lindsay Rd

Suite 124

Gilbert AZ, 85297

Hours of Operation

Monday - Friday

8am-5pm

Closed for lunch from

12pm-1pm

Blackened chicken avocado salsa



4 servings, Calories 323,
Protein 34g, Carbs 7g,
Total Fat 17g

- 4 skinless, boneless chicken breast halves
- 2 tsp. blackened steak seasoning
- 3 Tbs. olive oil
- 2 Tbs. rice vinegar
- 1/4 tsp. ground cumin
- 1/8 tsp. salt
- 1 Avocado halved, seeded, chopped
- 2/3 c. chopped papaya or mango
- 1/3 c. chop red sweet paper
- 1/4 c. chopped fresh cilantro

1. Preheat oven to 375 degrees F. Lightly sprinkle both sides of chicken with blackened steak seasoning. In a large ovenproof skillet heat the 1 Tbs oil over medium heat. Add chicken; cook until browned, turning once. Bake about 15 minutes or until chicken is no longer pink.
2. Meanwhile, for salsa, in large bowl whisk rice vinegar, the 2 Tbs oil, cumin, salt, and pepper. Stir in avocado, papaya, sweet pepper, and chopped cilantro. Serve with chicken. If desired garnish with cilantro. Makes 4 servings.

SPECTRUM LIFESTYLE

FAMILY FIELD TRIP

TO CREATIVE HANDS

Come out to CREATIVE HANDS STUDIO on Wednesday February 8 to create a **love inspired project** just in time for Valentine's Day. Arrive anytime between 3pm-7pm and inform them you are a Spectrum resident which entitles you to a FREE sitting as well as an \$8 tile, mug, bowl or plate. That is almost 50% off the regular pricing PLUS no charge for the sitting. You will also have additional options to choose from should you want to upgrade. Anything created will be ready for pick up by Valentine's Day.

Please RSVP to Lisa at lcapriotti@ccmcnet.com or contact the main office by February 6.



Lifestyle

COMMITTEE

Now that our community center is under way, we would like to organize a committee that will brainstorm and implement special events/programs for the residents of Spectrum. If you have ideas and a willingness to help your community, please contact Lisa at 480-726-8080 for more details.

SHRED-A-THON

Thursday, February 16, 7 AM - 11 AM Sam's Club 1225 N. Gilbert Rd. Up to five boxes per person, or until the truck is full. Donations will be accepted and will benefit Special Olympics Arizona. Bring your personal documents to have them shredded, to prevent you from becoming a victim of identity theft!

CHILD ID/ FINGER-PRINT CLINIC

Saturday, February 18, 9 AM until 1 PM, Mercy Gilbert Medical Center, 3555 S. Val Vista Dr. In partnership with the Arizona Crime Prevention Association, Inc. the Gilbert Police Department Crime Prevention Unit will offer free Child ID/ Fingerprinting for children over 3 years of age. Using

the latest technology, parents receive a laminated ID card with their child's information as well as a CD which stores digital fingerprints, photographs and voice recognition files. Individuals desiring to attend **MUST** register – appointment times fill up fast. To register, please call 480-635-7521.

Upcoming Events

Design Review Committee

Thursday, February 16 at 6pm

Board of Directors Meeting

Thursday, February 23 at 6pm

Covenants Review Committee

Meets as needed, per Homeowner Request.

New Homeowner Orientation

Tuesday, February 7 at 6pm

*All meetings are held at the Community offices located at 3303 S. Lindsay Rd. Suite 124.



Kristin Nau

Community Manager

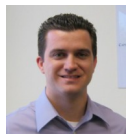
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